

END HAWOER



be the change



Introduction

United Way of Baroda has been working in providing education to the needy students. This is possible with the help of FUSION STUDY FOUNDATION. This program empowers young and deserving minds to scale new heights. This scholarship does not restrict to tuition fees only, but it covers all the education related expenses until higher studies with good results. In the era of globalization the education is getting more and more privatized. FSF provides interest free loans to the students who are best and brightest minds. The goal is to achieve the best position in education. There are many deserving students who are unable to pursue the career of their choice just because of financial constraints.

“It doesn't matter where you are, you are nowhere compared to where you can go.”

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Why should a student volunteer

Rewarding

Volunteering gives you an opportunity to make a difference to people's lives in your area. You can use your skills and experience to help and enrich the local people.

Improve job prospects & employability

Volunteering can enhance your future employment prospects and enable employers to see that you have developed the necessary skills you may need in their organization.

Experience

Volunteering gives you a chance to get experience in a field you would like to work in.

Training

Many of the volunteer projects will include training, which will be useful both on the project and in later life.

Experience diversity

Volunteering gives you the chance to meet people both from within and outside the University who you would not normally come across.

Influence career choice

Volunteering gives you the opportunity to test out potential career choices.

Opportunity for training and development

Volunteering provides you with development opportunities that are not always possible with paid employment, for example; communication and people skills, organisational and time management skills, planning and budgeting skills. It gives fresh opportunities and is a way to explore new career paths.

Have fun!

Volunteering is fun and fulfilling, allowing you to experience many diverse opportunities not always available to you elsewhere.

We at United Way of Baroda are excited to offer our volunteers access to 3 levels of volunteering opportunity that promote personal and professional development, team building and improve people's lives:

- **Strategic Volunteering –**

Individuals using their knowledge, contacts, skills, talents and passion to contribute to a specific strategic Community Impact coalition.

- **Engaged Volunteering –**

Individuals using their time, skills & talents to take part in closer engagement opportunities across causes such as street children, senior citizens e.g. mentoring and coaching.

- **Team Volunteering –**

Teams of up to 20 people donating their time and enthusiasm to a fully managed volunteering day offering an identified and needs based project e.g. activities like a cleaning up drive, plantation drive, donation drive ect.

"Volunteering can be an exciting, growing, enjoyable experience. It is truly gratifying to serve a cause, practice one's ideals, work with people, solve problems, see benefits, and know one had a hand in them". By Harriet Naylor

FROEWORD

It is a great honor for me to write on behalf of United Way of Baroda an organization that has years' of experience internationally and a well respected reputation locally, United Way of Baroda has the necessary expertise to bring together the programs and people who deliver powerful outcomes. Its work done with passion and compassion, and most certain a measurable out come – we at UW Baroda are not bound by political or religious alliances. We hold ourselves accountable through our commitment to ongoing measurement of the effect of our work. WE invest the Donors money into planning local strategies to impact Education, Income generation & Health.



Research shows that the education can have strong effects on the future with implications for their health, development and ability to earn. The quality of an individual's education has a profound and lasting impact on the person's ability to succeed in the world. We help deliver programs that embed greater social cohesion in disadvantaged groups

In such scenario United Fusion Study foundation has set a revolutionary trend , it has provided returnable scholarship to more than 130 students, who are studying in the renowned institutions of Gujarat. There has been a remarkable progress over the past 7 years.

In today's advanced and competitive world, attaining basic education has become a costly affair, which a major percentage of the Indian youth cannot afford. In such a scenario, United FSF has succeeded in transforming the dream of many brilliant students into a reality. The foregoing students of the FSF family have not only finished their academic tenure, but have also started earning. They have become independent and have started supporting their families. It brings me great pride to see that United FSF has not only brought about a revolution in the lives of the students but also their families.

Shivinder Singh Chawla
Vice-Chairman
United Way of Baroda

Linda Ma'am Message

CAPITAL SHOULDERING A VISION

Almost a year has passed since the last issue of the magazine and since the last get-together. If you ask me a year is too long, but then again we are all busy and time flies. It is like with families, we all go our own ways and are sometimes too busy to go home and spend time with our relatives, but we still have a connection, the family is always there – sometimes in the background, sometimes very prominently.

The fact that we did not have a get-together does not mean that we have not been busy. We have visited schools in December to give information on the FSF program and the work of United Way of Baroda. This "roadshow" is aimed at reaching out to schools and students that may not have access to newspapers and thus may not even know about the chances UWB-FSF could offer them. More importantly, over the past year our UWB-FSF family has seen students graduate, start their masters, start their jobs, get their first salaries, get married – all the things that could happen to members of any family. It says a lot about our family that we share these things; in emails, on facebook, in person.



And this will go on: You will pass exams, graduate, start working, you will have a salary, you may switch jobs as you see jobs with higher salaries or more responsibilities or more challenges or a better development of your career. Your salary will be yours, you will decide what to spend it on, you may get married, and at some point in the future you may start your own family and make choices for your children. For some of you this time will come earlier than for others but all of you are faced with choices every day that impact the future path of your life.

For many people in the world, and very much so in India, to have a choice is a luxury. All of you are, through your own hard work and ambitions, in a position that choices and opportunities will present themselves. Although some of the choices will seem tough, you will face them, and take your decisions. In time each and every one of you will find their own way in life, and make choices that are good for you and your future.

Regardless of the way your life may run its course and regardless of the choices you make I hope that all of you will continue to feel part of the UWB-FSF family, not only during your studies, and know that this family will always be there for you – sometimes in the background, and sometimes very prominently.

A SUCCESS STORY

Mr. Roelf Van der Wijk

Roelf van der Wijk, the initiator and founder of Fusion Study Foundation, was born at the end of the Second World War as the youngest in a family with five children. His parents worked hard to provide for the family and offer the four boys and one girl the best chances in life, chances they had never had.

It became clear that Roelf had the capability to study well, and to continue his education. However, after his father passed away he also wanted to work and support the family income.

Luckily his older brother would not allow that, so Roelf continued his education at the technical college. Despite the fact that he still jokes about only having learnt how to play cards and to jump high and far in athletics the years at the technical college formed the basis for any further success. That, as well as hard work, the willingness to take risks, paired with ambition and a dose of luck.

After having worked for a few years he applied for a job at a plastics factory. The job was challenging and his seniors applied for the same job, but Roelf was the one who got hired. In that company his career really took off. He grew into a management position and at a certain point in time had the chance to buy the factory – thanks to the director who was a friend and mentor – which he did. Roelf always looked for strategic relations with other businesses and was able to tie business together that would support each other in the production process: mold-makers with machine builders, material suppliers with customers etc. In 1988 Roelf sold the plastics factory and started a new firm using his relations, gains and his knowledge to participate in other businesses and to give others a chance in business like he had had. This way of working proved to be very successful and Roelf, always with the support of his wife Fenny, continued to work hard, and expanded his firm and his fortune. In all this, Roelf and Fenny never forgot where they came from and they always remained aware how important it was that their families had stimulated and given them the chance to study.

The drive and desire to give others a similar chance to explore their abilities and ambitions and to do so on a solid foundation of education has resulted in setting up Fusion Study Foundation.

It can only be hoped that the FSF students use this as inspiration; both during their studies and in their professional careers.

LIST OF STUDENTS BENEFITED FROM FSF

2005-2006

No of students 03 (Junior Category)

2006-2007

No of students 08 (Junior Category)
No of students 03 (Senior Category)

2007-2008

No of students 08 (Junior Category)
No of students 09 (Senior Category)

2008-2009

No of students 15 (Junior Category)
No of students 12 (Senior Category)

2009-2010

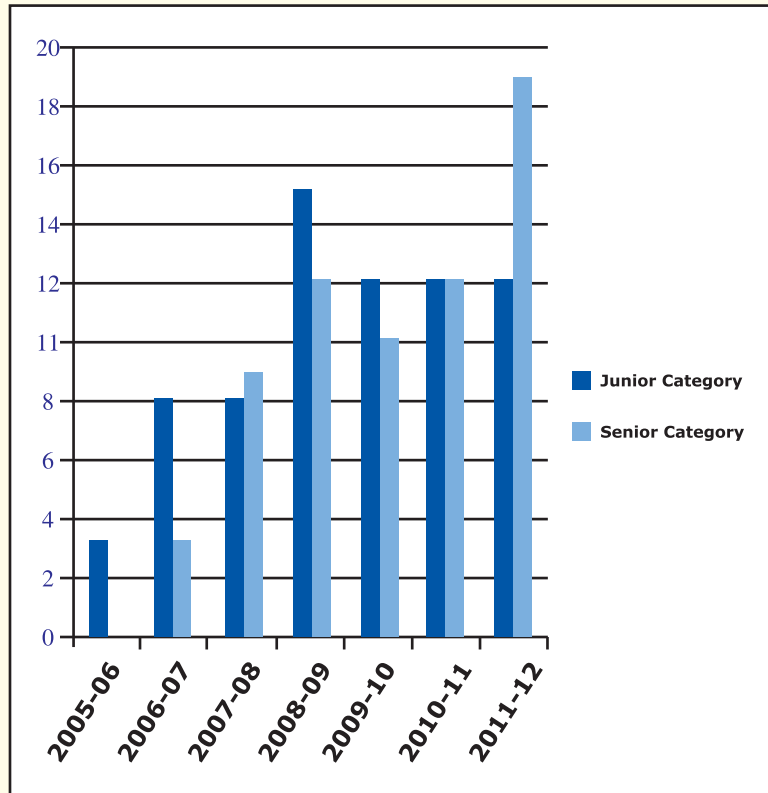
No of students 12 (Junior Category)
No of students 10 (Senior Category)

2010-2011

No of students 12 (Junior Category)
No of students 12 (Senior Category)

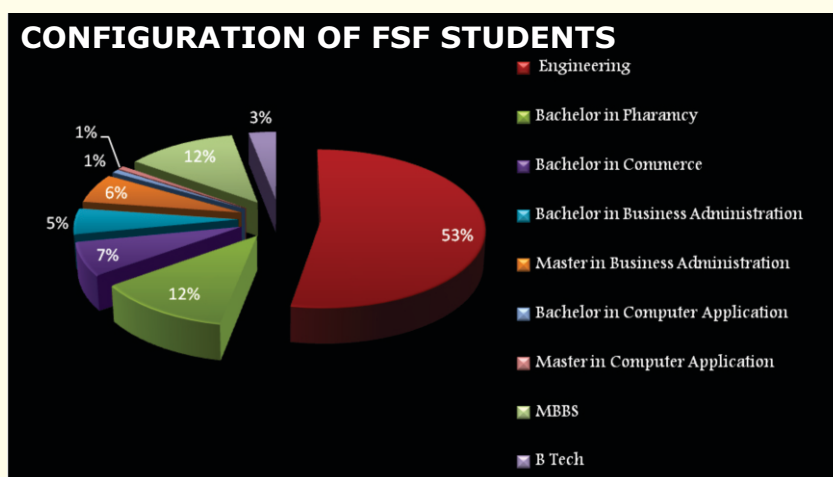
2011-2012

No of students 12 (Junior Category)
No of students 19 (Senior Category)



COMPOSITION OF STUDENTS

- Engineering
 - Electronic and Communication
 - Computer
 - Electrical
 - Information Technology
 - Mechanical
 - Aeronautical
- Bachelor in Pharmacy
- Bachelor in Commerce
- Bachelor in Business Administration
- Master in Business Administration
- Bachelor in Computer Application
- Master in Computer Application
- MBBS
- B.Tech
- Company Secretary



United FSF Family comprises of more than 50% of Engineering students, 24% of Medical students and 18% of Management students. They were helped by Fusion Study Foundation to build their flamboyant future.

FSF ROAD SHOW

In order to spread awareness about United Way of Baroda's FSF programme, a 5-day road show was organised, from 12th December 2011 to 17th December 2011, where in close to 50 schools of Gujarat spread across Bharuch, Netrang, Dediapada, Choryasi, Olpad, Mandvi, Palsana, Bardoli, Mahuva Vyara, Sonagadh, Kamrej, Mangrol and Rajpipla regions were visited.



HIGHLIGHTS OF THE FSF ROAD SHOW:



- ✓ Over 2800 students, including Gujarati, Hindi and English medium students were made aware about the FSF programme.
- ✓ Residential schools of tribal areas for both girls and boys were covered.

- ✓ The students belonging to poor and needy families were given special emphasis.
- ✓ Students of 11th and 12th standard, both Science and Commerce stream were the target audience for the Road Show.



CHEQUE DISTRIBUTION

On 5th September, 2011, United Way of Baroda had organized a cheque distribution ceremony for students selected this year under the returnable scholarship program of United Fusion Study Foundation. This year, 32 students were selected under the United FSF family, and 8 students would be supported directly by UWB. Hon'ble Minister



Mr. Jitendra Sukhdia – Tourism supply and NRGs students was the guest of the occasion, some of the senior students of FSF were also there to share their experiences. The Hon'ble Minister appreciated the help provided by United Way of Baroda and also blessed the students for their better brighter future. He also praised great work carried out by UWB and added that he would like to help in future whenever it requires.

Be the change....

Leo Tolstoy once said, "Each person's task in life is to become an increasingly better person". A good person is not one who betters his life and that of close ones, but he is one who makes an effort to enhance the life of one who is deprived of a quality life. It is very often heard that Life these days has become too hectic, with many tasks to be accomplished in very little time. People say they hardly have time for their family and themselves to bother about anyone else. One can't say that time is not enough. We all have exactly the same number of hours per day that were given to Mahatma Gandhi, Jawaharlal Nehru, Mother Teresa, Dhirubhai Ambani, Kalpana Chawla and A.P.J Adul Kalam!! and each one of them have impacted lives.

BE THE CHANGE....



Many a times, when it comes to lending a hand, we become inconsiderate and wonder what we will receive out of it. Instead we should wonder how many times have we received selfless help by someone and how much good it has done to us. Creating change has a two-fold affect, not only does it give the giver a sense of satisfaction and pleasure it also enhances the

life of the receiver. One doesn't need to be rich to help others. To bring about a change in someone's life we do not require material wealth, all we need is a loving and caring attitude. Not only is the phrase "Knowledge is wealth" true, it is also true that sharing knowledge never leaves us poorer but expands our horizons and increases this store of wealth. The greatest good you can do others is not only to share your riches but to reveal to him his own.

Someone has at some time in life helped us all out. It is our duty to help our fellow human beings in the same manner. Sometimes, nothing more than a kind word or a smile is required to set someone's life right. Always remember, what we have done for ourselves alone dies with us but what we have done for others and the world remains and is immortal. Let no one ever come to you without leaving better and happier. Dare to reach out into the darkness, to pull out another hand into the light.



Life doesn't get better by chance, it gets better by CHANGE.

THE WAY TO SUCCESS

"Success is focusing the full power of all you are on what you have a burning desire to achieve"

--Wilfred Peterson

Success is not an accident. It is the result of our attitude and our attitude is a choice. Hence success, a lot of research has gone into the subject of success and failure. All that we need to do is learn our lessons from history. When we study the life histories of successful people, we find that they have certain qualities in common no matter which period of history they lived in. Success leaves clues and if we identify and adopt the qualities of successful people, we shall be successful.

"Your chance of success in any undertaking can always be measured by your belief in yourself"

--Robert Collier



Success and happiness go hand in hand. Success is getting what you want and happiness is wanting what you.

Denish Aghera,
Student of SVNIT, Surat

"NOT AS HAPPY AS YOU!"

Sometimes in life we feel so blue, but some1, somewhere is not as happy as u.
 Somewhere far at the border when a soldier sleeps, missing his loved ones he silently weeps.
 Somewhere a mother painfully sighs, coz her new born baby didn't open her eyes.
 Somewhere a poor dad silently cries, when he sees his son begging for a bowl of rice.
 Somewhere in an orphan a little girl's sad, when she misses her mom n dad,
 So at times a reason to smile u may not have any,
 say to yourself that u are happier than many, coz life is beautiful and its not always blue,
 and some1, somewhere is not as happy as u..!

Divya Gohel

Aakhri din.....

Rah dekhi thi is din ki kabse,
Aage ke sapne saja rakhe the naajane kab se.
Bade utavle the yahaan se jaane ko ,
Zindagi ka agla padaav paane ko .

Par naa jane kyon ...Dil mein aaj kuch aur aata hai,
Waqt ko rokne ka jee chahta hai.
Jin baton ko lekar rote the Aaj un par hansii aati hai ,
Na jaane kyon aaj un palon ki yaad bahut aati hai .
Kaha karte the ...Badi mushkil se char saal seh gaya,
Par aaj kyon lagta hai ki kuch peeche reh gaya.
Na bhoolne wali kuch yaadein reh gayi,
Yaadien jo ab jeene ka sahara ban gayi.

Meri taang ab kaun kheencha karega ,
Sirf mera sir khane kaun mera peeche karega.
Jahaan 2000 ka hisaab nahin wahaan 2 rupay ke liye kaun ladega,

Kaun raat bhar saath jag kar padega ,
KAUN MERI gaadi mujse pooche bina lejayega ,
Kaun mere naye naye naam banayega.
Mein ab bina matlab kis se ladoonga,
Bina topic ke kisse faalto baat karoonga ,

Kaun fail hone par dilasa dilayega,
Kaun galti se number aane par gaaliyaan sunayega .

Tapri mein Chai kis ke saath piyoonga ,
Wo haseen pal ab kis ke saath jiyoonga,

Aakhri din.....

Aise dost kahaan milenge Jo khai mein bhi dhakka de aayein,
 Par fir tumhein bachane khud bhi kood jayein.
 Mere gaano se pareshaan kaun hoga ,
 Kabhi muje kisi ladki se baat karte dekh hairaan kaun hoga ,

Kaun kahega saale tere joke pe hansi nahin aai ,
 Kaun peeche se bula ke kahega..aage dekh bhai .
 Movies mein kiske saath dekhonga,
 Kis ke saath boring lectures jheloonga ,
 Bina dare sachi rai dene ki himmat kaun karega.

Achanak bin matlab ke kisi ko bhi dekh kar paglon ki tarah hansna,
 Na jaane ye fir kab hoga .

Doston ke liye professor se kab lad payenge ,
 Kya hum ye fir kar payenge,

Raat ko 2 baje poha khane station kaun jayega ,
 Tez gaadi chalane ki shart kaun lagayega .

Kaun muje mere kabiliyat par bharosa dilayega,
 Aur jyada hawa mein udne par zameen pe layege ,

Meri khushi mein sach mein khush kaun hoga ,
 Mere gam mein muj se jyada dukhi kaun hoga...

Vivek Parmar

Fun at Work Day

Fun at Work Day is a day to have fun at work. Different people have different views as to when this day takes place. Some websites say it is in the final days of January, while others say it is April the 1st – the same as April Fools Day. The workplace is usually not such a fun place. It is often a stressful place to be and there is little time to relax and have fun. Fun at Work Day changes this a little so that people's jobs are not all work and no play. The idea behind this event is that workers perform better if they can relax and laugh. Production increases and there is better customer service. It is also better for the health of the staff. Having fun at work also creates better relations, especially if the bosses join in and share the fun.

Having fun at work is an important part of many large companies today. Internet companies like Google and Yahoo encourage their workers to relax and do things at work to let off steam. Workers set up mini basketball hoops in their offices and people can wear what they want and decorate their desks. Experts have studied fun at work. Psychologist and author Matt Weinstein wrote a book on management called 'Managing to Have Fun'. He says: "Successful companies are discovering that fun at work helps them reduce stress, increase productivity, and boost employee morale." Perhaps every day should be fun at work. It would certainly make people happier, and that's what life's all about. So , Every moment is enjoyable in life.....!!!!!!

Parekh Biren

B.E.E.C -8th sem,

Govt. Engg. College, Rajkot

Education - What One Needs

Today, everyone is a part of or rather wants to be a part of the mad-rush that is going on in the real world, all this is actually due to the competitive spirit that now a days every child has. Everyone wants to become something and achieve what he or she has actually always dreamt of becoming. All this has become possible with a single tool i.e., EDUCATION. Education is a chief defense of the student and it gives or should we say that it opens all the shut doors for every one irrespective of their caste, sex, religion etc. it just relies on the knowledge a person possess.

There are a number of people who have actually studied under the street lights or have faced great problems in studies and yet have achieved great heights in their lives like Dr. A.P.J. Abdul Kalam, Dr. B.R. Ambedkar and many more. These people were not born with a silver spoon in their mouth, but on the contrary they have faced a lot of problems and have seen a lot of hardships in their lives, and have actually fought against all odds and have come out victorious and that is with the help of their most important asset 'education'.

"Right to education" is the act that has given an opportunity to no. of people and has actually helped people to come out in the real world and compete. Giving out scholarships, granting loans for education at the lowest possible interest rate, distributing much needed stationeries or laptops are few schemes that were actually started by a number of organization in order to promote and motivate students to take up course that they want to and give them financial assistance.

Dealing with Mistakes



We all make mistakes in Life, however, different people deal with their mistakes in different ways. Many people try hard to avoid mistakes but in fact, mistakes can often lead to valuable learning experiences if you approach them in the right way.

Here is a simple 3 step approach for dealing with mistakes.

Step 1: Admit that you made a mistake

First admit you made a mistake to yourself. Then, if there is someone else involved, admit you made a mistake to them and apologize. The words, "I made a mistake and I'm sorry"

are a great first step to resolving a conflict.

Denying that you made a mistake does not solve anything and simply prolongs the negative energy associated with the situation.

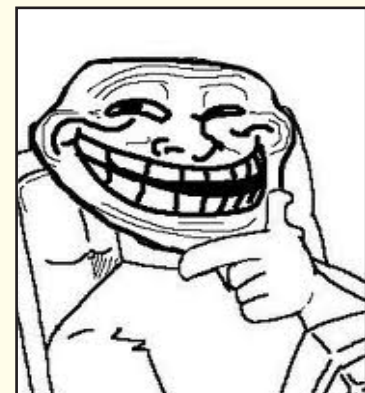
Step 2: Identify the lesson that comes with your mistake

The good news is that every mistake comes with a built in lesson that can help you improve your life in the future. To find your hidden lesson ask yourself, "What can I learn from this situation?"

By finding the hidden lesson within your mistake, you immediately transform the situation from a negative experience to a useful learning experience.

Step 3: Forgive yourself and let it go

All too often we do well on our mistakes and continue to beat ourselves up over what happened. Once you have admitted your mistake and identified the lesson it carries, let go of the mistake, forgive yourself and move on. If a similar situation arises in the future, you are now better prepared to choose the right course of action.



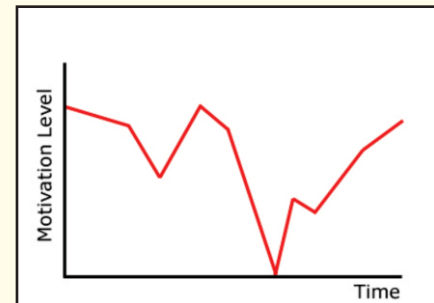
"A Greatest mistake you can make in life is to continually fear you will make one"

- Ashish Surani

Why Motivation Is Not Enough

When you first set a goal, you're usually very motivated and excited about achieving your objective. However, motivation alone is not enough.

The problem with motivation is that it fluctuates on a daily basis. One day you're incredibly motivated and the next day you lose motivation completely. Here's what a graph of motivation against time looks like for most people.



If you depend on motivation to reach your objective, it's quite likely that you'll give up on your goal during a period of low motivation.

The real secret of success is to adopt an attitude that removes motivation from the equation. A good way to do this is to make the decision to do what you need to do even when you don't feel like doing it.



This is the attitude adopted by Olympic athletes. Contrary to popular belief, elite athletes do not bound out of bed every morning eager to do their training. Like everyone else, sometimes they are motivated and sometimes they are not. What sets them apart from most people is that they have made the decision to do what they need to do even when they don't feel like doing it.

So today I'd like to encourage you to review your goals and make the decision to do what you need to do on a daily basis

even when you don't feel like doing it.

When your motivation is low, instead of saying:

"I just don't feel like doing this today!"

Develop the habit of saying:

"I just don't feel like doing this today BUT I will do it anyway!"

When you adopt this attitude and commit yourself to taking action even when you don't feel like it, you eliminate motivation as a limiting factor in your success and greatly increase the chances of making your dreams a reality.

-Jayanti Sarvaiya

Interesting Facts

- The longest one-syllable word in the English language is "SCREECHED".
- "DREAMT" is the only word that end in the letters "...mt".
- The dot over the letter 'i' is called a title.
- Ingrown toe nails are hereditary.
- "UNDERGROUND" is the only word in the English language that begins and ends with the letters "UND".
- The longest word in the English language according to OXFORD English dictionary is "pneumonoultramicroscopicsilicovolcanokoniosis"



- An ostrich eye is bigger than its brain.
- The muzzle of a lion is like a fingerprint- no two lions have a same pattern of whiskers.
- The goldfish has a memory span of THREE second!!!!
- Coca-cola was originally green.
- The strongest muscle in the body is tongue.
- Butterflies taste with their feet.
- "Stewardesses" is the only longest English word that is typed with only the left hand.
- Elephant are the only animals that can't jump.
- People say "bless you" when you sneeze because when you sneeze your heart stops for a millisecond.



Nitin mori,

M.Pharm, Department of
Pharmaceutical Science, Rajkot

A New Beginning toward Professional Life.....

To begin with story on 25th July I was in one company of Transformer, learning practical things related to Transformer, suddenly ringing on mobile Anusuya Mathur from L&T Power Baroda, they were giving posting me to Baroda (Actually My posting was at Bangalore). I Accepted the choice to Baroda because the office there is only 15 Minutes from Home. At that time I have mixed feelings because I miss the chance to go to Bangalore and Other hand I get permanent posting at Baroda. Very few are lucky like me. After 3 days I joined L&T at Baroda then we have one month induction program Very boring. For one month we all sat in one hall and listen every presentation related to each department. Most of us were sleeping during the presentation. After this induction of 1 month, We have 2 months special Power Training at Nagpur, NPTI. These two months are Golden Days of my life. I never forgot these days. I learn a lot about POWER PLANT and also visited almost all corner of Nagpur. We went to Pachmadhi, a really beautiful Place. After two month at Nagpur I came back to Baroda and they gave me department ESP-BU.

When they gave me this department I didn't even know the full form of ESP. On my very first day, a peon guided me to the department. After reaching there, my Boss called my three friends and me. The first Question my boss asked me was "Do You know me?" I simply replied "No". Then he said, "I had taken one presentation during your induction, what were you

doing at that time?" Immediately I replied "I was not sleeping, but there was an over dose of presentations! I am unable to remember the face."

*Every Story has an End,
but in Life every
End is just a new Beginning*

During first ten days, I spent almost all my time with the Xerox Machine! Most of Freshers spend one year with Xerox, Scanner, Fax and most favourite place PANTRY. After that I was given the department of Project management in Rajpura (Punjab) Project. L&T Power Constructing Power Plant at Punjab (Rajpura) and our department make ESP (Electro Static Precipitator) of the power plant. It is one of the major parts of Power Plant. ESP is used to collect the ash particle after the combustion of coal in the Boiler.

In any Multi National Company most employees do not have any work and few employees have a lot of work. I am one of that few. Most of my friends don't have any work and I always have pending work. if you do hard work in the starting you will get fast progress in career.... Now 1 week = 1 day.

So, friends enjoy your College life as much as you can. Make good friends because college friendship never dies. And if you have any Dream to do something in Life, start working towards that from College.

Chintan S Shah

GET, ESP BU

L&T Knowledge City

School Life

School life is a very important part of one's life, because it provides opportunity for study and discipline. Besides this, the school life is a preparatory stage for entering public life.

School plays an important role in widening the outlook of students. Virtues such as perseverance, sincerity, truthfulness, tolerance, discipline and obedience are developed in them. School makes the students disciplined. They show discipline in class room, play ground, hostel, and library at other places.



School is a meeting place of students and teachers. From here, a student learns how to adjust himself with the society at later part of life.

Teachers act as the guides and guardians to guide them on the right path. In school, teachers try to remove the evils from the students by sowing some seeds of good qualities in them.

Here I share with you my experience of 12th science ...it was the time after the half yearly examinations. I always got 4th or 5th rank in all the past exams but then I topped the class in the half yearly examination. Then I began thinking that its very easy job for me to top the class so I lost my concentration in studies. As a result of that I got worst result in next exam. One day during lecture, my chemistry teacher said that " It is very easy to climb the everest but it is more difficult to stay at there for long time". All the students wondered why sir was saying this sentence, they didn't understand. Then sir told me specially, "You can top the class easily but to maintain top position you need to work hard."

Then I realized that I should do more and more hard work to maintain the top rank. Then onwards I worked hard and I got top position in every exam including the board examination.

So , Its my humble request to all my friends that you stick to your work till you get the success and after that also work hard to maintain the position.

Yours lovingly
PARESH PATEL

Power of Little Words



Some of the most significant messages people deliver to one another often come in just three words. When spoken or conveyed, those statements have the power to forge new friendships, deepen old ones and restore relationships that have cooled. The following three-word phrases can enrich every relationship.

I'LL BE THERE – Being there for another person is the greatest gift we can give. When we are truly present for other people, important things happen to them and to us. We are renewed in love and friendship. We are

restored emotionally and spiritually. 'Being there' is at the very core of civility.

I MISS YOU – Perhaps more marriages could be salvaged and strengthened if couples simply and sincerely said to each other, "I miss you." This powerful affirmation tells partners they are wanted, needed, desired, and loved.

I RESPECT YOU – Respect is another way of showing love. Respect conveys the feeling that another person is a true equal. It is a powerful way to affirm the importance of a relationship.

MAY BE YOU'RE RIGHT – This phrase is highly effective in diffusing an argument and restoring strayed emotions. The flip side of "may be you're right" is the humility of admitting "may be I'm wrong."

PLEASE FORGIVE ME – Many broken relationships could be restored and healed if people would admit their mistakes and ask for forgiveness. All of us vulnerable to faults, foibles and failures. A man should never be ashamed to own he has been in the wrong, which is but saying in other words, that he is wiser today than he was yesterday.

I THANK YOU – Gratitude is an exquisite form of courtesy. People who enjoy the companionship of good, close friends are those who don't take daily courtesies for granted. They are quick to thank their friends for their many expressions of kindness. On the other hand, people whose circle of friends is severely constricted often do not have the attitude of gratitude.

Power of Little Words

COUNT ON ME – “A friend is one who walks in when other walks out,” Loyalty is an essential ingredient for true friendship. It is the emotional glue that bonds people. Those who are rich in their relationships tend to be steady and true friends. When troubles come, a good friend is there, indicating “you can count on me.”

LET ME HELP – The best of friends see a need and try to fill it. When they spot a hurt they do what they can to heal it. Without being asked, they pitch in and help.

I UNDERSTAND YOU – People become closer and enjoy each other more if they feel the other person accepts and understands them. Letting others know in so many little ways that you understand him or her is one of the most powerful tools for healing your relationship.

GO FOR IT – Some of your friends may be non conformists, have unique projects and unusual hobbies. Support them in pursuing their interests. Rather than urging your loved ones to conform, encourage their uniqueness – everyone has dreams that no one else has.

One suppose the 3 little words that you were expecting to see have to be reserved for those who are special; that is I LOVE YOU.

Dhaval Rupapara

(8th sem Computer Engineering, Ahmedabad)



The Journey Of My Life...

There are so many experiences in my life from which I have learned so many things but right now I want to share the greatest experience of my life as it was because of my parents. Believing in God by believing in Parents is the most important part of my life. I think that parents are not God gifted but



they are our God and this is only the reason why I always believe what my parents say. Though they are of old time but they can suggest better ways for any activity we want to do either related to my studies or any other thing. I never accept anything from anyone and not even from God as I have my parents and I can do anything with blesses of them. I always put others need first in any situation and always pray for others who are in difficult situations and I think this is only the reason good things happened with me every time.

My parents say that "When you want to do something by heart, you do not need to think more with your mind" and I purely believe in this thought. 14th February is one of the best days in my life as it is the wedding anniversary of my parents and last time it was more important as I had to perform in final of inter college singing competition. I was excited as I had planned to sing a song for my parents after completing my song for the competition. The song had been written and composed by me. The thing I want to share is that I had to arrange music on my own but I could not do it and I had decided not to perform. I had called my mom at early morning and told her my problem.

The Journey Of My Life...

She told me "If you have faith in God he will definitely help you today". After ending the call I had again decided to perform without music, with words of my mom in my heart. I reached the venue with my friends and then I went outside before half an hour of my performance.

There I saw some people discussing something and three of them had a guitar in their hand. One of them came to me, I had met him in the semi final round. He asked me about my song and I told him. The presence of God with me again as he replied "This is one of my favourite songs and I can play guitar on this". That moment was the greatest moments of my life as I got help from God and that too only due to the trust on my parents. I had performed well with his music and also sang a song for my parents and was also appreciated for that by everyone.

From this great experience again I have learned that we never have to become upset in any difficult condition as the solution for every problem is there just we have to believe in our self. I never like to miss the chance of writing about something as writing is my hobby. This time I have got a chance of writing something about self experiences and so I want to thank FSF and UVB for this. I can say that this is also the great experience of mine.

-Jaydeep B. Khandhediya

God's Coffee

A group of alumni, highly established in their careers, got together to visit their old university professor. Conversation soon turned into complaints about stress in work and life.

Offering his guests coffee, the professor went to the kitchen and returned with a large pot of coffee and an assortment of cups - porcelain, plastic, glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the coffee. When all

the students had a cup of coffee in hand, the professor said: "If you noticed, all the nice looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress. Be assured that the cup itself adds no quality to the coffee. In most cases it is just more expensive and in some cases even hides what we drink.

What all of you really wanted was coffee, not the cup, but you consciously went for the best cups... And then you began eyeing each other's cups.

Now consider this: Life is the coffee; the jobs, money and position in society are the cups. They are just tools to hold and contain Life, and the type of cup we have does not define, nor change the quality of Life we live.

Sometimes, by concentrating only on the cup, we fail to enjoy the coffee God has provided us." God brews that coffee, not the cups.....
Enjoy your coffee!

"The happiest people don't have the best of everything. They just make the best of everything."

LIVE SIMPLY. LOVE GENEROUSLY. CARE DEEPLY. SPEAK KINDLY. HELP OTHERS, LEAVE THE REST TO GOD.

Monika k. Patel

(MBA student, Ahmedabad.)



Self-Confidence Is the Key to Success

We all are very much familiar with this quote. Well, I would like to share this article as per my personal experience; it took me a long time to boost up my self-confidence.

“How we feel about our self is a key issue in achieving anything in life.”

A self-confident person has high self-esteem, self-respect, and belief in her- or himself. By developing our self-confidence, we will be able to achieve our goals; take opportunities that come our way and also have the strength to overcome any obstacles.

Self-confidence is very important for having a successful career. If we do not have confidence in our self and our abilities, how can we expect others to? The issue arises when attending job interviews or hoping for a promotion, the way we behave and believe in our self will ultimately create a win or a lose situation.

Here are five tips to help boost us our self-confidence:

1. Socialise with self-confident people and spend time in good environments. The people around us affect our confidence levels, so seek the company of people who are positive and are honest with us. Try to avoid negative people, as they can pull we down and deplete our energy. So try choosing your environments carefully and don't compromise for others.

2. Be true to yourself by taking action when we want something. Follow through on it even if we think we might fail. Be gentle with yourself and don't put yourself down if we make a mistake – “we are only human and we all make mistakes sometimes”. The good thing is that we learn from them so that we know what not to do until we achieve our goal. If we keep trying, we will eventually succeed.

3. If we are afraid of something, do it anyway. Often fear disappears when we face the things we are scared of, as we experience it how it is rather than how we have imagined. We will find the reality is that talking to that person was actually quite fun or attending that interview wasn't as uncomfortable as we thought.

4. Make sure that we keep a note of our achievements in life. Sometimes we feel like we don't make any progress because 'we can't see the wood for the trees.' Write down any fears we faced and obstacles we overcame. This will help keep we motivated and give we the confidence we need.

5. When we go to bed at night think of any achievements we had during the day – no matter how small – and give our self credit for them. This will make we feel good as we sleep, and when we wake in the morning, we can visualise our self being happy and confident for the day. So we set our self up for success!

This article has truly encouraged me to move further in life.
Hope you like it.

Thanks and Regards

Ms.Ruchi Yevle

કક્કા પાસેથી શીખો

ક : કલેશ ન કરો	ન : નમ્ર બનો
ખ : ખરાબ ન કરો	પ : પ્રેમાળ બનો
ગ : ગર્વ ન કરો	ફ : ફુલાઈ ન જાઓ
ઘ : ઘમંડ ન કરો	બ : બગડ ન કરો
ચ : ચિતા ન કરો	ભ : ભાર રૂપ ન બનો
છ : છળ થી દૂર રહો	મ : મધુર બનો
જ : જવાબદારી નિભાવો	ય : યશસ્વી બનો
ઝ : ઝઘડો ન કરો	ર : રાગ ન કરો
ટ : ટીકા ન કરો	લ : લોભી ન બનો
ઠ : ઠગાઈ ન કરો	વ : વેર ન રાખો
ડ : ડરપોક ન બનો	શ : કોઈ ને શત્રુ ન માનો
ઢ : ઢ ન બનો	સ : સાચું બોલો
ત : બીજને તુરછકારો નહીં	ષ : ષટકાય ના જીવન ની રક્ષા કરો
થ : થાકો નહીં	હ : હસતા રહો
દ : દીલાવર બનો	ઘ : ઘમા આપતા શીખો
ધ : ધમાલ ન કરો	જ્ઞ : જ્ઞાની બનો

**If you think you are beaten, you are.
If you think you dare not, you don't.
If you like to win but think you can't,
It's almost a cinch you won't.
If you think you'll lose, you're lost.
For out in the world we find
Success begins with a fellow's will.
It's all in the state of mind.
If you think you are out classed, you are.
You've got to think high to rise.
You've got to be sure of your-self before
You can ever win the prize.
Life's battles don't always go
To the stronger or faster man.
But sooner or later, the man who wins
Is the man who thinks he can.**





We The United J & J Family



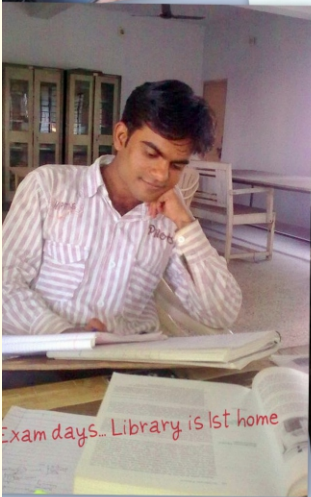
ey. J & J Graduate



Dr. Jagruti Darji



oye.... Ye dekhi...



Exam days... Library is 1st home



Dil Chahta Hai....



Now I can say "I do Hand Work"



Poor, meritorious students awarded scholarships

EXPRESS NEWS SERVICE
VADODARA, JULY 30

CITY-BASED NGO, the United Way Baroda awarded the Fusion Study Foundation (FSF) scholarship to 27 most promising and needy students from across Gujarat and Rajasthan, on Wednesday.

The scholarship, which is being given since 2005, has been sponsored by a Dutch couple, Linda van der Wijk and her husband Alko, who have donated Rs. 5 crore for the purpose.

Any bright student with a weak financial background can apply for the scholarship. Linda and Alko come to the city for four days every year after the declaration of the HSC results. They personally screen the students who have applied for the



A student receives a loan cheque for the higher studies sponsored by Fusion Study Foundation in Vadodara on Wednesday. Newsline photo by Chandan Giri

scholarship. The FSF comes in a no-interest loan format where the students are paid the full amount for their education. However, the students have to assure that they will not go abroad once they finish their studies and also guarantee repayment once they start earning.

“With repayment of the loan, the scholarship bank doesn't dry up, which further ensures financial aid for many poor students in the future,” Atul Patel, Chairman of United Way Baroda, said.

Kishor Giri, whose son is a first year student of MBBS, said: “I am a fruit seller and earn only Rs. 150 per day from my sale. But I have never compromised with the education of my children. This scholarship will certainly help my eldest son to complete his MBBS and fulfil his dreams.”

નેધરલેન્ડના ઉદ્યોગપતિ શહેરના ગરીબ વિદ્યાર્થીઓની મદદ આપ્યા

■ વિદ્યાર્થીઓની પ્રગતિ હવે આર્થિક કારણોથી નહીં અટકે

(વિનિર્મિત લેખ) વડોદરા, તા. ૩૦ નેધરલેન્ડના ઉદ્યોગ સામ્રાજ્ય રોલ્ક વેન ડેર વીજ ૨૫ વર્ષથી ગુજરાત અને રાજસ્થાન સાથે વ્યાપારના કરણે જોડાયેલા છે. આ ૨૫ વર્ષ દરમિયાન તેઓના ધ્યાન પર આવ્યું કે ગુજરાત અને રાજસ્થાનમાં તેજસ્વી વિદ્યાર્થીઓની કોઈ કમી નથી પરંતુ આવા તેજસ્વી વિદ્યાર્થીઓની કોઈક અંશે અર્થિક કારણોસર પોતાનો અભ્યાસ પઠતા મૂકે છે.

આવા ધેરીના રતનોને બહાર લાવવા અને શિક્ષા અંગેની તમામ મદદ કરવા રોલ્ક વેન ડેર વીજે નક્કી કર્યું અને સન ૨૦૦૫માં ફ્યુઝન સ્ટડી ફાઉન્ડેશનનો પાયો નખાવ્યો અને તેની સ્થાપના જવાબદારી સમાજને સ્થાપના વિવિધશૈક્ષણિક સેવાકીય પ્રવૃત્તિ કરનાર એનજીઓ યુનાઈટેડ વે ઓફ ભરોડાને અપાઈ.

કુલ ચાર કરોડની આર્થિક સહાય ફ્યુઝન ફાઉન્ડેશન દ્વારા પુરી પાડવામાં આવશે જેમાંથી ૩.૨૦ કરોડ તો અંધાર સુધીમાં વહેંચવામાં આવશે. આ પ્રોજેક્ટ વેન ડેર વીજના પુત્રી લિન્ડા સંબાળી રહ્યા છે તેઓ જુન અને નવેમ્બર એમ વર્ષમાં બે વખત વડોદરા આવે છે અને આ પ્રોજેક્ટના લાભાર્થી વિદ્યાર્થીઓની શૈક્ષણિક પ્રગતિની નોંધ લે છે.

આજે સંદેશ સાથેની મુલાકાતમાં લિન્ડાએ ફ્યુઝન ફાઉન્ડેશન વિશે માહિતી આપતા જણાવ્યું હતું કે આ એક ટિર્નમેન્ટલ સંસ્થાવિધિ કાર્યક્રમ છે. ગુજરાત અને રાજસ્થાનના જરૂરીપાતમંદ વિદ્યાર્થીને શિક્ષણને લગતો તમામ ખર્ચ સુકવવામાં



ફ્યુઝન મોડેલ વાલુકાના નાનીરસણ ગામના વાલુકા ગઝડીના પિતા ખેત ખેતર છે. નાનાની તેઓએ જ્યારે વાલુકાના અભ્યાસમાં રૂકાવટ ઈભી કરી ત્યારે ફ્યુઝન ફાઉન્ડેશનની સહાયથી સહાયે આવ્યું અને વાલુકા અભ્યાસમાં કોમ્પ્યુટર એનુલિમિટિંગનો અભ્યાસ કરી રહ્યા છે. બુધવારે મીસ. લિન્ડા દ્વારા તેમને લેટરોપ ઝાખ્યું હતું. (તસવીર : જી.એસ. પોષી)

આવે છે. વિદ્યાર્થી જ્યારે ભણીને સારી નોંધરીએ લાગી જાય ત્યારે સ્કોલરશીપની રકમ તેની અનુકૂળતાએ સ્વેચ્છાએ પરત આપવાની હોય છે તેનું કારણ છે કે તે રકમ અન્ય ગરીબ વિદ્યાર્થીને કામે લાગે. સન ૨૦૦૫માં આ યોજના હેઠળ માંડ ત્રણ વિદ્યાર્થી પસંદગી થઈ શકી હતી જે વર્ષોને ગત વર્ષે ૧૭ થઈ છે. ચાર વર્ષમાં ૫૭ વિદ્યાર્થીઓને રૂ. ૭૯ લાખ સ્કોલરશીપ અપાઈ ચુકી છે.

તમારા પિતાની યોજનામાં જોડાવા પાછળનું કારણ શું ? તેવા પ્રશ્નના જવાબમાં લિન્ડાએ જણાવ્યું હતું કે નેધરલેન્ડમાં દરેક વ્યક્તિ ભણે છે અને વિદ્યાર્થીની કમ્પીઓમાં છવાઈ જાય છે. ફી ભરી નહીં શકવાના કારણે કોઈનું ભણતર અટકે છે તેવી વાત મારા સ્વપ્નમાં પણ નહોતી આવી પરંતુ આવી વાત મે મારા પિતા યાસેથી જાણી એટલે આ કાર્યમાં જીવન સમર્પિત કરી

૫૮ તેજસ્વી વિદ્યાર્થીઓને ઉચ્ચ અભ્યાસ માટે રૂ. ૪૪ લાખની રીટર્નબલ શિષ્યવૃત્તિનું વિતરણ

વડોદરા : પૂર્વ શિક્ષણ રાજ્યમંત્રી અને ધારાસભ્ય ભુપેન્દ્રભાઈ લાખાવાળાના હસ્તે ગુજરાત અને રાજસ્થાનના અત્યંત તેજસ્વી પરંતુ આર્થિક રીતે નબળા પરિવારોના ૫૮ વિદ્યાર્થીઓને ઉચ્ચ અભ્યાસ માટે લોનના રૂપમાં રૂ. ૪૪ લાખની રીટર્નબલ શિષ્યવૃત્તિઓનું સેતત ચોથા વર્ષે વિતરણ કરવામાં આવ્યું હતું.

ઉલ્લેખનીય છે કે વિશ્વબંધુત્વની ભાવનાને સાકાર કરતા નેધરલેન્ડના સન્નારી સુશ્રી લિન્ડાએ વડોદરાની સ્ટુડી ફાઉન્ડેશનની સ્થાપના કરી છે. તેના દ્વારા સન ૨૦૦૫-૦૬ના વર્ષથી ગુજરાત અને રાજસ્થાનના બારમાં ધોરણની બોર્ડ પરીક્ષાઓમાં તેમજ ગ્રેજ્યુએશન પરીક્ષાઓમાં ઘણો ઉજળો દેખાવ કરનારા પરંતુ વિકટ આર્થિક પરિસ્થિતિને કારણે ઉચ્ચ અભ્યાસ કેવીરીતે કરવો તેની મુંઝવણ અનુભવતા વિદ્યાર્થીઓને પરત યુકવવાપાત્ર શિષ્યવૃત્તિ યુકવવામાં આવે છે. સુશ્રી લિન્ડાએ એફએસએના ભંડોળ તબક્કાવાર રૂ. ૫ કરોડ જેટલું ભંડોળ આપવાની ખાતરી આપી છે.

વિદ્યાર્થીઓ જે રકમ પરત યુકવે તેના વડે આર્થિક મંદકોનો પ્રવાહ ચાલુ નેધરલેન્ડ દેશના સન્નારી ભારતીય વિદ્યાર્થીઓને ભણાવવામાં મદદ કરે તેનાથી વિશ્વ ગ્રામની અને વિશ્વ બંધુત્વની ભાવના સાકાર થઈ રહ્યાનો અનુભવ થાય છે. તેવી લાગણી વ્યક્ત કરતાં લાખાવાળાએ જણાવ્યું હતું કે મદદ મેળવનારા હોનાહાર વિદ્યાર્થીઓને કારકિર્દીના ઘડતર પછી રાજ્યના વિકાસમાં યોગદાન આપે અને અન્ય ગરીબ પરંતુ તેજસ્વી વિદ્યાર્થીઓને ભણાવવામાં મદદરૂપ બને તે ઇચ્છનીય છે. શિષ્યવૃત્તિ મેળનારી કુદ્દા શાહ અને સુભારેના વિચારે જણાવ્યું હતું, ખરા સમયે ફ્યુઝન સ્ટુડી સેન્ટરની આ મદદ ન મળી હોય તો કારકિર્દીનું લક્ષ્ય આર્થિક મજબુરીને કારણે સિધ્ધ થવું અશક્ય હતું. આ ઘણીજ પ્રોત્સાહક વ્યવસ્થા છે. યુનાઈટેડ વે ઓફ ભરોડાના અધ્યક્ષ અતુલ પટેલે રીટર્નબલ શિષ્યવૃત્તિનો આશિષ સમર્પણ્યો હતો. યુનાઈટેડ વેના પદાધિકારીઓ શિવેન્દ્રસિંહ યાવલા, યોગેન્દ્ર ગંગવાલ, અમીત ગોરીયા ન્યાયમક ડોલ્લી સાયમન મેનેજર ડિવેન્દ્ર ત્રિવેદી આ પ્રસંગે ઉપસ્થિત રહ્યા હતા.

યુનાઈટેડ ફ્યુઝન સ્ટુડી પ્રેરિત શિષ્યવૃત્તિનું વિદ્યાર્થીઓને વિતરણ



આર્થિક પરિસ્થિતિ નબળી હોય તેવા વિદ્યાર્થીઓ આગળ ઉચ્ચ અભ્યાસ કરી શકતા ન હતા ત્યારે સતત ભારતના સંપર્કમાં રહેતા સર રોલ્ક વાન વિજેક અને ચાવલા વચ્ચે આવા બાળકોને મદદરૂપ બનવાની વાત થઈ અને તેમાંથી ફ્યુઝન સ્ટુડી ફાઉન્ડેશનનો ઉદ્ભવ સન ૨૦૦૫માં થયો. યુનાઈટેડ વે ઓફ ભરોડા આ શિષ્યવૃત્તિનો કાર્યક્રમ ચલાવશે અને સર રોલ્કના પુત્રી લીન્ડા તેમાં સંયોજકની ભૂમિકા ભજવશે તેવું નક્કી થયું.

વર્ષ ૨૦૦૫માં ફ્યુઝન સ્ટુડી ફાઉન્ડેશનથી પરત કરવા પાત્ર શિષ્યવૃત્તિ કાર્યક્રમ અંતર્ગત ૧૧ કરોડ

Dutch family helps poor, meritorious students attain their educational dreams

The students, however, have to pledge they will not go abroad and also repay the amount after they start earning, to pitch in for the scholarship's corpus fund

AYESHA KHAN
VADODARA, JUNE 13

SCHOLARSHIPS are a plenty, but this one comes with a rider. The students picked up by Fusion Study Foundation have to assure that they will not go abroad once they finish their studies and also guarantee repayment once they start earning. This is no initiative by an Indian philanthropist or community, but a private Dutch family's fund, which has been providing the best of higher education to the most promising and needy students from across Gujarat and Rajasthan since 2005.

Linda van der Wijk and her husband Alko come to the city for four days every year after the declaration of the HSC results. They personally screen the students who have applied for the scholar-

ship. A network of volunteers from United Way of Baroda, a city-based NGO, which provides backroom support - visit the residence of each applicant to ascertain the family situation and the extent of the help required. This help constitutes the college and hostel fees and the cost of books and educational materials. In their second visit in a year, the couple personally visit each student in their college, meet their teachers and track their performance.

The students also do not mind the two riders. Jagruti Darji from Mehsana is the daughter of a tailor. Her father could only dream to finance her medical education, but now the dream has become a reality, courtesy the aid. "I am the first girl in my community to study medicine. The scholarship was like a dream. Initially we thought it was a con job, but



later learnt about it...," said Darji, now a proud owner of a laptop, also courtesy the scholarship fund.

Helping Linda with the Fusion Study Foundation are Tinoo Chawla and Jasmine Patel, family friends of the Dutch couple actively associated with United Way of Baroda.

Linda said: "My parents worked their way up in life. They believe that education can change life. My parents know the Chawlas and Patels who are associated with United Way of Baroda. The idea to set up a scholarship fund came from there".

The meticulous planning comes with Linda's stint with the management of

Linda van der Wijk (extreme right) interacts with students at a city hotel in Vadodara. Bhipendra Rena

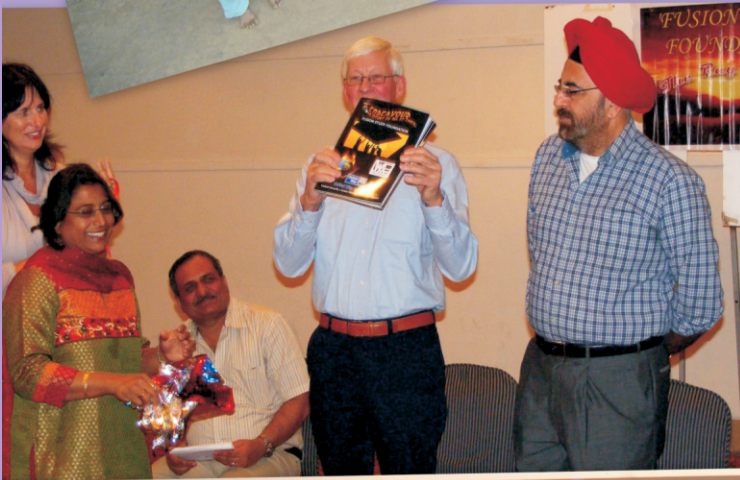
NGOs, even as the family is on the move from the Netherlands, to Moscow and now to Thailand.

Having reached out to 31 students in three years, this year they intend to "adopt" around 25 students from some 140 odd applications.

Vishal Sukhadia, who lost his father - a diamond polisher during his HSC studies, and soon his mother to brain tumour, said he appreciates the help extended by the Dutch couple to the needy.

"We are all from the lower middle class and appreciate the help especially when it comes when we need it the most," he said. Vishal is now a second year pharmacy student in Rajkot.

Similar is the case with Rajan Parmar, a computer engineer at Nirma University and the son of a roadside barber at Upleta, a small town in Saurashtra.





United Way of Baroda

9th Floor, Sidcup Tower, Race Course Circle, Vadodara 390 007 Gujarat - India.

Phone : +91-265-6627715, 6627716, Fax: +91-265-2339298

Email : admin@unitedwayofbaroda.org

Website : www.unitedwayofbaroda.org